Westside MH Network Directory Index of Services

YOUTH/adoLESCENTS/TRANSITIONAL AGE YOUTH (TAY) Winter 2020-2021

CRISIS CARE
- 24-Hour Emergency Care
- Daniel’s Place
- Urgent Care
- Suicide Prevention/Response
- Crisis Intervention
  o Safe Place for Youth (SPY)

HOTLINES
- Crisis Lines
  o Didi Hirsch Mental Health Services Suicide Prevention
- Warm Lines
  o
- Self-Help Lines
  o Share!
- Referral Lines
  o Didi Hirsch Mental Health Services
  o Share!
  o ACCESS (Dept of Mental Health)

ABUSE
- Physical
  o The Help Group
  o Pacific Asian Counseling Services
  o Seven Generations Child & Family Services
  o Sojourn (program of The People Concern) – for individuals ages 18+
- Sexual
  o The Help Group
  o Pacific Asian Counseling Services
  o Seven Generations Child & Family Services
  o Sojourn (program of The People Concern) – for individuals ages 18+
  o Stuart House - UCLA
- Emotional
  o The Help Group
  o Pacific Asian Counseling Services
  o Seven Generations Child & Family Services
  o Sojourn (program of The People Concern) – for individuals ages 18+

ACTIVITIES FOR DAILY living
- Basic Life Necessities [showers, clothing, etc.]
  o Daniel’s Place
  o The Landing at St. Robert’s Center
  o St. Joseph Center Homeless Services
  o Safe Place for Youth (S.P.Y)
  o The People Concern – for individuals ages 18+
- Food Distribution/Meals
  o Daniel’s Place
○ The Landing at St. Robert’s Center
○ Safe Place for Youth (SPY)
○ Sova Community Food & Resource Program (program of Jewish Family Service of LA
○ St. Joseph Center Bread & Roses Café or Food Pantry
○ The People Concern – for individuals ages 18+
○ Westside Food Bank

ADDITION
- Substance Abuse/Dual Diagnosis
  ○ Residential
    - Of One Mind
    - The People Concern – for individuals ages 18+
    - Safe Haven (program of The People Concern) – for individuals ages 18+
    - Touchstones (a program of Social Model Recovery Systems)
  ○ Outpatient
    - Daniel’s Place
    - Didi Hirsch Mental Health Services
    - Of One Mind
    - Pacific Asian Counseling Services
    - Venice Family Clinic
  ○ Education/Prevention
    - Of One Mind
    - Pacific Asian Counseling Services ○ Counseling
    - Daniel’s Place
    - Didi Hirsch Mental Health Services
    - Help Group West Child and Family Center
    - Of One Mind
    - Pacific Asian Counseling Services
    - Safe Place for Youth (S.P.Y)

- Gambling
- Sexual

ADVOCACY/BENEFITS/Legal
- Advocacy
  ○ Mental Health Advocacy Services, Inc.
  ○ Seven Generations Child & Family Services
  ○ Safe Place for Youth (SPY)
- Benefits
  ○ Mental Health Advocacy Services, Inc.
  ○ Legal
  ○ Mediation
    - Center for Civic Mediation
  ○ Disability Rights California (for anyone with a disability)
  ○ Medical Sign-up
    - Safe Place for Youth (S.P.Y)

CASE MANAGEMENT SERVICES
- Case Management
  ○ Daniel’s Place
  ○ Didi Hirsch Mental Health Services
  ○ Edmund D. Edelman Westside MH Center
  ○ Help Group West Child and Family Center
- The Landing at St. Robert’s Center
- Pacific Asian Counseling Services
- Providence St. John’s Child & Family Development
- Safe Place for Youth (S.P.Y)
- Seven Generations Child & Family Services
- The People Concern – for individuals ages 18+
- Vista del Mar
- WIN (Westside Infant-Family Network

- Recovery, Resilience and Reintegration (RRR)
  - Daniel’s Place – a program of Step Up on Second
  - Didi Hirsch Mental Health Services
  - Family Service of Santa Monica, a Division of Vista del Mar
  - Pacific Asian Counseling Services
  - Providence Saint John’s Child and Family Development Center
  - Vista del Mar

- Medication Support/Management
  - Daniel’s Place – a program of Step Up on Second
  - Didi Hirsch Mental Health Services
  - Pacific Asian Counseling Services
  - UCLA-TIES for Families

- Money Management
  - Daniel’s Place – a program of Step Up on Second
  - Safe Place for Youth (SPY)
  - The People Concern – for individuals ages 18+
  - UCLA-TIES for Families

- CalWorks
  - Didi Hirsch Mental Health Services
  - Pacific Asian Counseling Services

- In-home/School-based Services
  - Didi Hirsch Mental Health Services
  - School on Wheels
  - Edmund D. Edelman Westside MH Center
  - Pacific Asian Counseling Services
  - Vista del Mar
  - WIN (Westside Infant-Family Network)

- Family Preservation/Reunification
  - Neighborhood Youth Association (NYA)
  - Safe Place for Youth (SPY)
  - Seven Generations Child & Family Services

COUNSELING

- Counseling
  - Agencies
    - Airport Marina Counseling Center
    - Antioch University Counseling Center
    - Antioch University International Counseling Center
    - Daniel’s Place – a program of Step Up On Second
    - Didi Hirsch Mental Health Services
    - Exceptional Children’s Foundation-Kayne Eras
    - Family resource Counseling Center
    - Family Service of Santa Monica, a Division of Vista del Mar
    - Help Group West Child and Family Center
    - Idom Industries
    - Jewish Family Services HOPE
- The Landing at St. Robert’s Center
- Maple Counseling Center, The
- New Center for Psychoanalysis
- Ocean Psychological Services
- Open Paths
- Pacific Asian Counseling Services
- Pepperdine University Psychological & Educational Clinic
- Providence St. John’s Child & Family Development
- Safe Place for Youth (SPY) via Exceptional Children’s Foundation
- Santa Monica College Center for Wellness & Wellbeing (for SMC students only)
- Seven Generations Child & Family Services
- S. Mark Taper Foundation Center (program of Didi Hirsch CMHC)
- Social Science Consulting
- Vista del Mar
- Westside Infant Family Network (WIN)
  - Private Clinicians
    - Bonnie Tauber, Psy.D.

- Psychiatrists on Staff
  - Daniel’s Place – a program of Step Up On Second
  - Didi Hirsch Mental Health Services
  - Edmund D. Edelman Westside MH Center
  - Maple Counseling Center, The
  - Pacific Asian Counseling Services
  - The Help Group
  - UCLA-TIES for Families
- Court Ordered Classes
  - Safe Place for Youth (SPY) – DCFS Parenting classes

CRIMINAL JUSTICE
- Services
  - Idom Industries
- Law Enforcement
- Legal Clinic
  - Safe Place for Youth (SPY) (1st & 3rd Wednesday afternoons and 2nd and 4th Thursday afternoons)

EDUCATION
- Tutoring
  - Latino Resource Services (LRO)
  - Neighborhood Youth Association (NYA)
  - School on Wheels
  - West Los Angeles Family Source Center
- Mentoring
  - Neighborhood Youth Association
  - Of One Mind
  - Santa Monica College Disabled Student Center
  - School on Wheels
  - Safe Place for Youth (SPY)
- Early Care
  - Well Baby Center
  - Westside Children’s Center
  - Westside Infant Family Network (WIN)
• College Prep
  o Latino Resource Services (LRO)
  o Neighborhood Youth Association (NYA)
  o Safe Place for Youth (SPY)
  o West Los Angeles Family Source Center
• Specialized/Therapeutic Schools
  o Exceptional Children’s Foundation – Kayne Eras Center
  o Help Group West Child and Family Center
  o Providence St. John’s Child & Family Development
  o Ocean Psychological Services (Ocean Academy)
  o Vista del Mar Child & Family Development
• Educational Therapy
  o GED
    o Safe Place for Youth (SPY) - (GED, Hi-SET, & High School Diploma)
    o School on Wheels

**FOSTER & ADOPTIVE SERVICES**

- Foster Care
  o Ocean Psychological Services
  o UCLA-TIES for Families
  o Vista del Mar
  o Westside Children’s Center

- Adoption
  o UCLA-TIES for Families
  o Vista del Mar
  o Westside Children’s Center

- Life Skills
  o Transitional Age Youth (program of Portals)

- Foster and Adoptive Families
  o Aspiranet
  o Family Service of Santa Monica
  o Ocean Psychological Services
  o UCLA-TIES for Families
  o Vista del Mar
  o Westside Children’s Center

**HEALTH SUPPORT**

- Disabilities/Disabled
  o Venice Family Clinic
  o Westside Regional Center for the Developmental Disabilities (WRC)

- HIV/AIDS
  o Common Ground
  o Safe Place for Youth (SPY) via Venice Family Clinic
  o Simms/Mann Health & Wellness Center
  o Venice Family Clinic
  o Westside Family Health Center (WFHC)

- Pregnancy/Birth Control
  o The Landing at St. Robert’s Center
  o Planned Parenthood
  o Safe Place for Youth (SPY) via Venice Family Clinic
  o Venice Family Clinic
  o Westside Family Health Center (WFHC)
- Medical Care
  - Children’s Dental Center
  - Robert Levine Health Center
  - Los Angeles Unified School District – Hyde Park Clinic
  - Safe Place for Youth (SPY) via Venice Family Clinic
  - Venice Family Clinic
  - Westside Children’s Center
  - Westside Family Health Center (WFHC)

**HOMELESS/ RUNAWAY/AT-RISK**

- Homeless Services
  - Access Center (program of The People Concern) – for individuals ages 18+
  - Daybreak (program of The People Concern) (for women) – for individuals ages 18+
  - Daniel’s Place – a program of Step Up On Second
  - Safe Place for Youth (SPY)
  - Safe Haven (program of The People Concern) – for individuals ages 18+
  - SAMOSHEL (program of The People Concern) – for individuals ages 18+
  - School on Wheels
- Homeless Outreach
  - Access Center (program of The People Concern) – for individuals ages 18+
  - Malibu Outreach Team (program of The People Concern) – for individuals ages 18+
  - Pacific Palisades Outreach Team (program of The People Concern) – for individuals ages 18+
  - Save Haven (program of The People Concern) – for individuals ages 18+
  - Safe Place for Youth (SPY)
  - School on Wheels
- Runaway
  - Safe Place for Youth (SPY)
  - School on Wheels
- At-risk Youth
  - Safe Place for Youth (SPY)

**HOUSING**

- Emergency
  - The People Concern – for individuals ages 18+
- Residential
- Transitional
  - Homes for Life Foundation
  - Safe Place for Youth (SPY)
  - Safe Haven (program of The People Concern) – for individuals ages 18+
  - The People Concern – for individuals ages 18+
- Sober
- Supportive
  - The People Concern – for individuals ages 18+
- Transitional Age Youth (TAY) [See Transitional Age Youth (TAY)]
- Veterans [see Veterans]
- Assistance
  - Safe Place for Youth (SPY)
  - The People Concern – for individuals ages 18+

**IMMIGRATION & NATURALIZATION**

- Services
LGBTQI2-S COMMUNITY

- Counseling
  - Family Service of Santa Monica, a Division of Vista del Mar
  - The Help Group
  - Safe Place for Youth (SPY)
- Services

LOW FEE

- Sliding Scale
  - Airport Marina Counseling Center
  - Antioch University Counseling Center
  - Antioch University International Counseling Center
  - Family Service of Santa Monica, a Division of Vista del Mar
  - The Help Group
  - Maple Counseling Center, The
  - Open Paths
  - Vista del Mar
- Medical Accepted
  - Didi Hirsch Mental Health Services
  - Exceptional Children's Foundation – Kayne Eras Center
  - Family Service of Santa Monica, a Division of Vista del Mar
  - Pacific Asian Counseling Services
  - Providence St. John's Child & Family Development
  - Seven Generations Child & Family Services
  - UCLA-TIES for Families
  - Vista del Mar
- No Fee
  - The Landing at St. Robert's Center
  - School on Wheels
  - UCLA Aftercare Research Program (Outpatient Schizophrenia Treatment)

MULTILINGUAL

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|                           | - Didi Hirsch Mental Health Services | - Vista del Mar | - |
|                           | | | |

7
### Spanish
- Didi Hirsch MHS
- Daniel’s Place
- Exceptional Children’s Foundation
- Kayne Eras
- Family Service of SM Help Group West
- Child & Family CTR
- Safe Place fo Youth (SPY)
- Latino Resource Services (LRO)
- Pacific Asian Counseling Serv.
- Providence Saint Johns Child & Family Dev
- St. Joseph Center
- UCLA-TIES for Families
- UCLA-NPIH Spanish Speaking Psychosocial Clinic
- Venice Family Clinic
- Vista del Mar

### Russian
- Antioch University Counseling Center
- Antioch University International Counseling Center
- Didi Hirsch Mental Health Services

### Japanese
- Pacific Asian Counseling Services

### Khmer
- Pacific Asian Counseling Services

### Mandarin
- Pacific Asian Counseling Services

### Vietnamese
- Pacific Asian Counseling Services

### Urdu
- Daniel’s Place

### ASL
- The Help Group

## OUTPATIENT PROGRAMS
- **Services**
  - Didi Hirsch Mental Health Services
  - Exceptional Children’s Foundation
  - Pacific Asian Counseling Services
  - Providence St. John's Child & Family Development
  - UCLA Aftercare Research Program (Outpatient Schizophrenia Treatment)
  - UCLA-TIES for Families

## PSYCHIATRIC SERVICES
- **Inpatient**
  - UCLA-Resnick Neuropsychiatric Hospital
  - Del Amo Hospital
- **Outpatient**
  - Airport Marina Counseling Center
  - Daniel’s Place – a program of Step Up On Second
  - Del Amo Hospital
  - Didi Hirsch Mental Health Services
  - Edmund D. Edelman Westside MH Center
  - Exceptional Children’s Foundation-Kayne Eras
  - The Help Group
  - Ocean Psychological Services
  - Pacific Asian Counseling Services
  - Providence St. John’s Child & Family Development

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8
- UCLA Aftercare Research Program (Outpatient Schizophrenia Treatment)
- UCLA-Resnick Neuropsychiatric Hospital (partial hospitalization program)
- Vista del Mar Child & Family Services

- Psychiatric Emergencies

RESEARCH - Clinical
- UCLA Aftercare Research Program (Outpatient Schizophrenia Treatment)
- UCLA Center for the Assessment and Prevention of Prodromal States (CAPPS)
- UCLA Center for Autism Research & Treatment (CART)
- UCLA/VA-West LA Schizophrenia Outpatient Research Program

SELF-HELP
- Groups
  - Daniel’s Place – a program of Step Up on Second
  - Our House Grief Support

SKILLS BUILDING
- Educational Support
  - Latino Resource Services (LRO)
  - Neighborhood Youth Association (NYA) – specific to Mar Vista/Venice
  - School on Wheels
  - Safe Place for Youth (SPY)
  - West Los Angeles Family Source Center

- Employment Support/Vocational Training
  - Daniel’s Place – a program of Step Up on Second
  - Neighborhood Youth Association (NYA)
  - Safe Place for Youth (SPY)

- Empowerment
- Classes on Mental Illness
- Prenatal, Infant & Toddler
  - Safe Place for Youth (SPY)

SOCIAL SUPPORT
- After-School Programs
  - School on Wheels
  - Boys & Girls Club of Venice
- Drop-In Center/Clubhouse
  - Daniel’s Place – a program of Step Up on Second
  - Safe Place for Youth (SPY)
  - Access Center (program of The People Concern) – for individuals ages 18+

- Peer Support for Individuals with Mental Illness
  - Daniel’s Place – a program of Step Up on Second

- Grief & Loss
  - Our House Grief Support

- Social Skills
  - Vista del Mar Child & Family Services
  - West Los Angeles Family Source Center

- Recreational Activities
  - Iben Family Support Center (Boys & Girls Club of Venice)
  - Safe Place for Youth (SPY)
  - West Los Angeles Family Source Center
- Tattoo Removal
  - Sunrise Community Tattoo Removal Services

**SPIRITUALLY-BASED**
- Counseling
- Services

**TRANSITIONAL AGE YOUTH (TAY)**
- Housing
  - Daniel’s Place – a program of Step Up on Second
  - Of One Mind (addiction/dual diagnosis)
  - Safe Place For Youth (SPY)
  - Step Up YDP Hollywood
  - Transitional Age Youth (program of Portals) (A Division of Pacific Clinics)
- Counseling
  - Airport Marina Counseling Center
  - Didi Hirsch Mental Health Services
  - Exceptional Children’s Foundation-Kayne Eras
  - Family Service of Santa Monica, a Division of Vista del Mar
  - The Help Group
  - Maple Counseling Center, The
  - Open Paths
  - Pacific Asian Counseling Services
  - Providence St. John’s Child & Family Development
  - Safe Place For Youth (SPY) via Exceptional Children’s Foundation
  - Transitional Age Youth (program of Portals)(A Division of Pacific Clinics)
  - UCLA-TIES for Families
  - Vista del Mar
- Services
  - Daniel’s Place – a program of Step Up on Second
  - Of One Mind (addiction/dual diagnosis)
  - Safe Place For Youth (S)PY
  - School on Wheels
  - Transitional Age Youth (program of Portals) (A Division of Pacific Clinics)

**TRAUMA/VIOLENCE**
- Trauma
  - The Help Group
  - Pacific Asian Counseling Services
  - Seven Generations Child & Family Services
- Bullying
  - The Help Group
  - Pacific Asian Counseling Services
- Domestic Violence
  - Pacific Asian Counseling Services
  - Seven Generations Child & Family Services
  - Sojourn (program of The People Concern) – for individuals ages 18+
  - Venice Family Clinic
- Gang Intervention
  - Idom Industries
- Child Abduction
  - Seven Generations Child & Family Services