What we provide.

We provide partial hospitalization and outpatient programs to help individuals with psychiatric conditions and/or chemical dependencies who are experiencing moderate to severe symptoms, transition from the hospital to home, or to avoid hospitalization or in-patient treatment.

Individuals will learn how to deal with their illnesses with individual counseling and working together in a safe and private setting.

We’re open Monday through Friday, 8:00 a.m. – 4:30 p.m.

Virtual (PHP/IOP) availability and in-network insurers.

Most major insurance groups are accepted including Medicare. Unfortunately, we do not except clients with straight Medi-Cal. Cash pay options are available, call (626) 397-2323 with additional questions or concerns regarding coverage and out-of-pocket expenditures.
How virtual programming works.

Through tele-behavioral health programming, our Virtual Partial-Hospitalization and Intensive Outpatient Program (PHP/IOP) now offers the same compassionate, person-centered and community driven care, online. With just a computer, phone, or tablet, patients can now participate in a comprehensive, structured outpatient program from the comfort of their own home, office, college dorm or other private location.

The program operates Monday through Friday from 9:00 a.m. to 3:00 p.m. Group therapy sessions meet on Tuesday, Thursday, and Friday from 10 a.m. to 1:30 p.m. Virtual therapy sessions are conducted using Zoom, by Licensed Clinical Social Workers and Licensed Psychotherapists. All patients participate on a voluntary basis, or with consent from Probate Code or Lanterman-Petris-Short Act (LPS) conservators in accordance with applicable law.

Adaptable, person-centered treatment to meet patient needs.

Our programs use a trauma-informed, person-centered, and recovery-oriented framework to create personalized treatment plans tailored to the individual’s needs.

We are committed to your recovery by providing the tools and therapeutic support needed to maintain long-term sobriety and/or reach your desired level of functioning. Once the team has established the treatment plan and goals, the individual can begin their journey to recovery.

We make every effort to empower the client with knowledge to enable them to make healthy decisions regarding their treatment and recovery. Treatment is based on the premise that individuals enter our program at different levels of cognitive and affective functioning.

Individuals receive skilled therapeutic services, observation and interventions geared toward returning to the community and to improve function.

It is understood that Individuals with chronic mental illness and/or substance abuse issues achieve baseline functioning at a variety of levels. Efforts are made to recognize each client as an individual and to support him/her in attaining a quality lifestyle.

Our highly-trained team includes:

Medical Director (Board-Certified Psychiatrist)
Licensed Clinical Social Workers
Registered Nurses
Licensed Creative Arts Therapist
Certified Yoga and Mindfulness Instructor