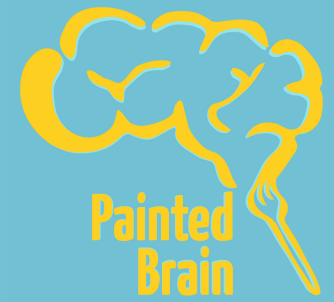


You can discover more about a person in a hour of play than a year of conversation" -Plato

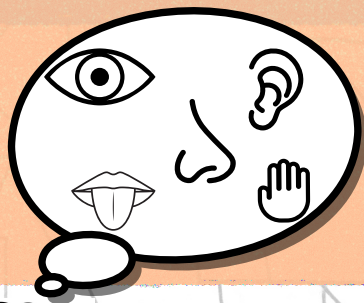
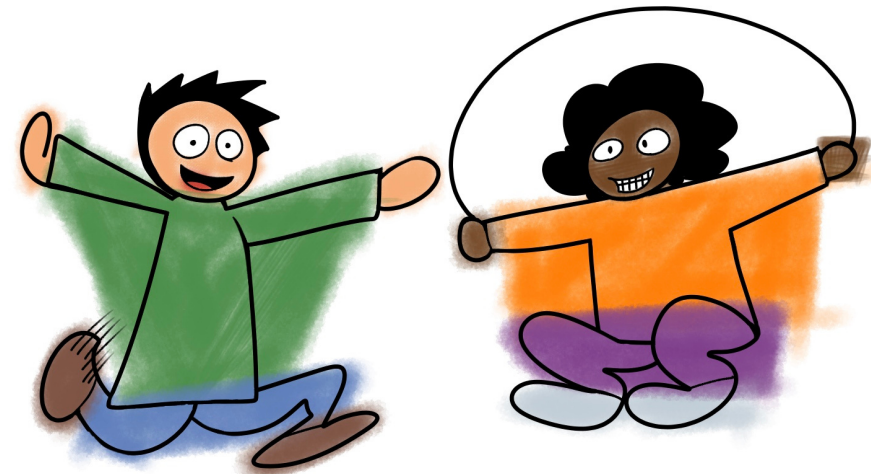


"Play is often talked about as if it were a serious relief from learning. But for children, play is serious learning. Play is really the work of childhood." -Fred Rogers

Painted Brain creates lasting community-based solutions to mental health challenges and the impact of social justice through arts, advocacy, and enterprise.



Pediatric Occupational Therapy Services



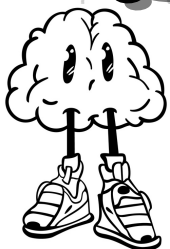
Painted Brain's Mental Health Occupational Therapy Services

Phone: 213 . 289 . 3578

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Los Angeles, CA, 90035



THE PAINTED BRAIN

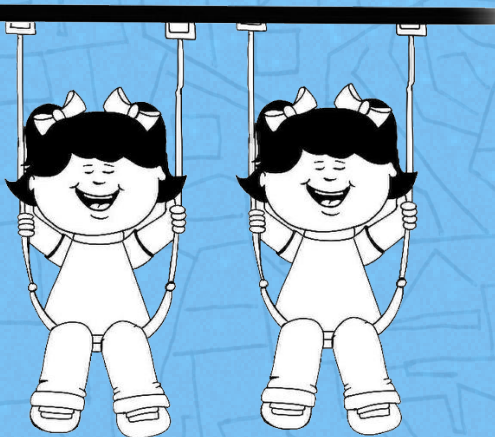
Occupational Therapy (OT)

Occupational therapy is a strengths-based service that supports health by improving cognition, sensory processing, engagement in meaningful activities, community participation, and overall health and well-being across the lifespan. Painted Brain Pediatric OT Services are grounded in the belief that children are complex individuals whose development is shaped by the dynamic process of interaction of the child with the physical, psychological, social, and cultural environment (Bendixen, R. M., Kreider, C. M., 2011).

Painted Brain OT services serve children ages birth to 22 years old, in their natural environment (the home, school, community) as well as virtually.

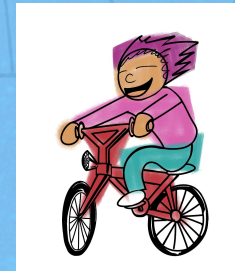
Occupational Therapy is proven to help with...

- Self-esteem and competence
- Self-regulation
- Parent and caregiver bonding
- Problem solving
- Sleep and rest
- Feeding routines
- Behavioral organization
- Attention
- School-based activities
- Play ideas and creativity



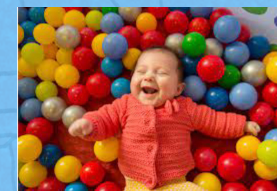
Individual OT Services

- Sensory Integration
- Fine Motor and Gross Motor development
- Social skills training
- Cognitive support and accommodations
- Activity of daily living training
- Parent education and home program development
- Relaxation/self-regulation techniques
- Sleep Hygiene
- School-based therapy



Group OT Services

- Support groups for parents and caregivers
- Social skills for children (split up into age groups)
- Play groups
- Self-regulation groups
- "Parent & Me" classes
- Pre-teen mental health group



Consultation Services for Schools

- Direct services including individualized strategies to improve sensory processing, fine motor development, and social skills
- Presentations and inservices for school staff including information about developmental disorders and strategies to improve accessibility
- Program development, including school-wide resources such as multi-sensory environments and self-regulation groups

Funding for Services

For more information about payment options for therapy and groups, contact our team at hello@paintedbrain.org