You can discover more about a person in an hour of play than a year of conversation." - Plato

"Play is often talked about as if it were a serious relief from learning. But for children, play is serious learning. Play is really the work of childhood." - Fred Rogers

Painted Brain creates lasting community-based solutions to mental health challenges and the impact of social justice through arts, advocacy, and enterprise.

Pediatric Occupational Therapy Services

Painted Brain's Mental Health Occupational Therapy Services

Phone: 213.289.3578
www.PaintedBrain.org
Email: Hello@paintedbrain.org
Address: 5980 W. Pico Blvd.
Los Angeles, CA, 90035
Occupational Therapy (OT)
Occupational therapy is a strengths-based service that supports health by improving cognition, sensory processing, engagement in meaningful activities, community participation, and overall health and well-being across the lifespan. Painted Brain Pediatric OT Services are grounded in the belief that children are complex individuals whose development is shaped by the dynamic process of interaction of the child with the physical, psychological, social, and cultural environment (Bendixen, R. M., Kreider, C. M., 2011).

Painted Brain OT services serve children ages birth to 22 years old, in their natural environment (the home, school, community) as well as virtually.

Occupational Therapy is proven to help with...
Self-esteem and competence
Self-regulation
Parent and caregiver bonding
Problem solving
Sleep and rest
Feeding routines
Behavioral organization
Attention
School-based activities
Play ideas and creativity

Individual OT Services
Sensory integration
Fine Motor and Gross Motor development
Social skills training
Cognitive support and accommodations
Activity of daily living training
Parent education and home program development
Relaxation/self-regulation techniques
Sleep Hygiene
School-based therapy

Group OT Services
Support groups for parents and caregivers
Social skills for children (split up into age groups)
Play groups
Self-regulation groups
"Parent & Me" classes
Pre-teen mental health group

Consultation Services for Schools
Direct services including individualized strategies to improve sensory processing, fine motor development, and social skills
Presentations and inservices for school staff including information about developmental disorders and strategies to improve accessibility
Program development, including school-wide resources such as multi-sensory environments and self-regulation groups

Funding for Services
For more information about payment options for therapy and groups, contact our team at hello@paintedbrain.org