

DID YOU KNOW? 1 out of 5 individuals live with mental illness.

PAINTED BRAIN TALKS



WHAT IS THIS?

Learn about mental illnesses through *personal stories*, the impact of negative attitudes, and *three things* each of us can do to weave a more empathetic social fabric in Los Angeles. This 90 min workshop is for any community or organization interested in learning about mental illnesses and helping to change the perception and attitude about it.

WHY IS THIS IMPORTANT?

Sharing personal stories increases the shift toward a more progressive and compassionate society. **This could reduce the number of mentally ill getting bullied, marginalized, jailed, or imprisoned.**

..... HOW IT WORKS



INTRODUCTION



STORYTELLING



Q&A



(310) 893-3269



hello@paintedbrain.org

DID YOU KNOW? Sharing personal stories helps the recovery process.