Painted Brain defines a peer employee as any person with lived mental health challenges and or trauma including but not limited to: social injustice, interpersonal violence, societal exclusion.

Painted Brain considers all of its's employees as peers, where there is no separation from community members to clinicians to executives; all identify with having mental health challenges.

Painted Brain contacts and creates partnerships with other mental health service providers in order to inform them of potential opportunities for their program participants.

At Painted Brain, we also host a multitude of community engagement events that provide a safe space for people with various mental health challenges. Through visiting various agencies, clubs and hosting events, Painted Brain is able to market employment opportunities to individuals who want employment but have a difficult time finding jobs that are able to accommodate for mental health challenges.

## **ABOUT US**

### **NOTHING ABOUT US WITHOUT US**

Painted Brain's (PB) mission is to create lasting community-based solutions to mental health challenges and the impact of social injustice through arts, advocacy, and enterprise. In 2009, PB began utilizing the arts and training to support people with mental health and substance use challenges. We are a leader in innovative peer-driven services and training in behavioral health, digital literacy, and the arts. Our reach and staff are representative of the diverse communities throughout California, including the LGBTQ+, re-entry, disability, and ethnically and linguistically diverse communities.

## **CONTACT US**



5980 W. Pico Blvd. | Los Angeles, CA 90035 Monday - Friday | 9:00AM - 5:00PM

### **Contact Person:**

Tiffany Elliot, Training Program Manager Phone: 213.297.1513

Email: peersupporttraining@paintedbrain.org









# MEDI-CAL PEER SUPPORT SPECIALIST CERTIFICATION TRAINING

Creating lasting community-based solutions to mental health challenges and the impact of social injustice through arts, advocacy, and enterprise.

WWW.PAINTEDBRAIN.ORG

## PAINTED BRAIN'S PEER RUN PROGRAM

Our peer-run program is a trusted provider of services that has been transforming lives in California for over a decade. PB's Medi-Cal Peer Support Specialist Certification Training program prepares peers to deliver valuable behavioral health support services by covering the required Peer Support Specialist 17 Core Competencies required for Medi-Cal Peer Support Specialist Certification Training through self-reflection, skill building, practice sessions, and guided group exploration.

#### **DEFINITION OF A PEER SUPPORT WORKER**

A Medi-Cal Peer Support Specialist is an individual who has self-identified as having lived experience with the process of recovery from mental illness and/or substance use disorder, either as a consumer of these services or as a parent or family member of the consumer, and who has been granted Medi-Cal Peer Support Specialist Certification.

\*Opportunities to work in interdepartmental settings across the state

\*No college degree necessary

\*Career opportunities available to peers after becoming certified

California Medi-Cal Peer Support Specialists must be trained in the following Core Competencies:

- 1. The concepts of hope, recovery, and wellness.
- 2. The role of advocacy.
- 3. The role of consumers and family members.
- 4. Psychiatric rehabilitation skills and service delivery, and addiction recovery principles, including defined practices.
- 5. Cultural and structural competence trainings.
- 6. Trauma-informed care.
- 7. Group facilitation skills.
- 8. Self-awareness and self-care.
- 9. Co-occurring disorders of mental health and substance use.
- 10. Conflict resolution.
- 11. Professional boundaries and ethics.
- 12. Preparation for employment opportunities.
- 13. Safety and crisis planning.
- 14. Navigation of, and referral to, other services.
- 15. Documentation skills and standards.
- 16. Confidentiality.
- 17. Digital literacy.

### To seek Certification as Medi-Cal Peer Support Specialist, an individual must meet the following qualifications:

- 1. Be at least 18 years of age.
- 2. Possess a high school diploma or equivalent degree.
- 3. Be self-identified as having experience with the process of recovery from a mental illness or substance use disorder, either as a consumer of these services or as the parent, caregiver or family member of a consumer.
- 4. Be willing to share their experience.
- 5. Have a strong dedication to recovery.
- 6. Agree, in writing, to adhere to the Code of Ethics.
- 7. Successfully complete the training requirements for a peer support specialist.
- 8. Pass the certification examination.

## TRAINING METHOD(S):

**TRAINING COST: \$1600** 

ONLINE ONLY

(LMS system plus virtual classroom)

**Training Modality:** Cohort Style

Training Length: Varies

2 week | 5 week | 8 week

Track 1 - 2 Weeks

Monday - Friday | 9:00AM - 5:30PM

Track 2a - 5 Weeks

Monday & Wednesday | 9:00AM - 5:30PM

Track 2b - 5 Weeks

Tuesday & Thursday | 9:00AM - 5:30PM

Track 3 - 8 Weeks

Monday - Thursday | 5:30PM - 8:00PM

